

## Season of Refreshing: Mission of Prayer

### 40 Days of Praying and Fasting

#### WEEK 1: July 7 – 13 Praying and Fasting to “Be Still”

<b>Day 1</b>	July 7	<p>Day of Worship</p> <p>Choose which day this week for an 8hr fast</p>
<b>Day 2</b>	July 8	<p><b>Scripture:</b> Nehemiah 1:4-11</p> <p><b>Memory verse:</b> Lord, let your ear be attentive to the prayer of this your servant and to the prayer of your servants who delight in revering your name. Give your servant success today by granting him favor in the presence of this man.” Nehemiah 4:11</p> <p><b>Prayer:</b> Call on God to come alongside and give you success today.</p>
<b>Day 3</b>	July 9	<p><b>Scripture:</b> Proverbs 16:1-3</p> <p><b>Memory Verse:</b> Commit to the Lord whatever you do, and he will establish your plans. Proverbs 16:3</p> <p><b>Prayer:</b> Commit to God your kingdom plans (Heaven, Heart, Church) for you and your loved ones</p>
<b>Day 4</b>	July 10	<p><b>Scripture:</b> Matthew 6:25-34</p> <p><b>Memory verse:</b> But seek first his kingdom and his righteousness, and all these things will be given to you as well. Matthew 6:33</p> <p><b>Prayer:</b> What worries do you need to give to God?</p>
<b>Day 5</b>	July 11	<p><b>Scripture:</b> Psalm 27:14. 33:20. 37:7; 38:15;</p> <p><b>Memory Verse:</b> We wait in hope for the Lord; he is our help and our shield. Psalm 33:20</p> <p><b>Prayer:</b> Pray the promises of these Scriptures</p>
<b>Day 6</b>	July 12	<p><b>Scripture:</b> Daniel 9:4-19</p> <p><b>Memory Verse:</b> Give ear, our God, and hear; open your eyes and see the desolation of the city that bears your Name. We do not make requests of you because we are righteous, but because of your great mercy. <sup>19</sup> Lord, listen! Lord, forgive! Lord, hear and act! For your sake, my God, do not delay, because your city and your people bear your Name.” Daniel 9:17-19</p> <p><b>Prayer:</b> Praise God for listening and answering your prayers</p>
<b>Day 7</b>	July 13	<p><b>Scripture:</b> Philippians 4:4-9</p> <p><b>Memory Verse:</b> Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. Phil 4:6</p> <p><b>Prayer:</b> Ask God to remove anxious thoughts and replace them with positive thoughts:</p> <p><b>Anticipation:</b> I get to worship with the family tomorrow.</p>

#### Week 2: July 14 – 20 UPWARD: Praying for a Closer Relationship with God

<b>Day 8</b>	July 14	<p><b>Day of Worship</b></p> <p>Choose which day this week you will fast for 8 hours</p> <p>Pray daily for the three on your prayer list</p>
<b>Day 9</b>	July 15	<p><b>Scripture:</b> Ephesians 2:1-10</p> <p><b>Memory Verse:</b> For it is by grace you have been saved, through faith—and this is not from yourselves, it is the gift of God— Eph. 2:8</p> <p><b>Prayer:</b> Give thanks for the Grace that God has given through Jesus.</p> <p><b>Action:</b> Pray for your three and the courage to invite someone to Church</p>
<b>Day 10</b>	July 16	<p><b>Scripture:</b> Romans 6:1-7</p> <p><b>Memory Verse:</b> “Or don’t you know that all of us who were baptized into Christ Jesus were baptized into his death? <sup>4</sup> We were therefore buried with him through baptism into death in order that, just as Christ was raised from the dead through the glory of the Father, we too may live a new life”. Rom. 6:3-4</p>

		<p><b>Prayer:</b> Reflect on your salvation</p> <p><b>Action:</b> Pray for your three and the courage to invite someone to Church.</p>
<b>Day 11</b>	July 17	<p><b>Opening Night V.B.S.</b></p> <p><b>Scripture:</b> Matthew 26:36-45</p> <p><b>Memory Verse:</b> “Watch and pray so that you will not fall into temptation. The spirit is willing, but the flesh is weak.” Matthew 26:41</p> <p><b>Prayer:</b> Ask God to remove you from your greatest temptation</p> <p><b>Action:</b> Pray for your three and the courage to invite someone to Church.</p>
<b>Day 12</b>	July 18	<p><b>Scripture:</b> Jude 1:20 – 25</p> <p><b>Memory Verse:</b> But you, dear friends, by building yourselves up in your most holy faith and praying in the Holy Spirit, keep yourselves in God’s love as you wait for the mercy of our Lord Jesus Christ to bring you to eternal life</p> <p><b>Prayer:</b> Pray that you will remain faithful and encouraged in God’s love by the Holy Spirit</p> <p><b>Action:</b> Pray for your three and the courage to invite someone to Church</p>
<b>Day 13</b>	July 19	<p><b>Scripture:</b> Ephesians 3:14-21</p> <p><b>Memory Verse:</b> And I pray that you, being rooted and established in love, 18 may have power, together with all the Lord’s holy people, to grasp how wide and long and high and deep is the love of Christ, 19 and to know this love that surpasses knowledge—that you may be filled to the measure of all the fullness of God. Eph 3:17-19</p> <p><b>Prayer:</b> Ask God to increase your love, by increasing your trust in him.</p> <p><b>Action:</b> Have you invited someone to church, why not? Lack of faith?</p>
<b>Day 14</b>	July 20	<p><b>Scripture:</b> Romans 3:21-26</p> <p><b>Memory Verse:</b> for all have sinned and fall short of the glory of God, 24 and all are justified freely by his grace through the redemption that came by Christ Jesus Rom 3:23-24</p> <p><b>Prayer:</b> Express thanksgiving and praise for being justified rather than labeled a sinner</p> <p><b>Action:</b> Tomorrow is worship. Final prayers for your three and those you invited. Anticipation of worshiping with God and the family.</p>
<b>Week 3: July 21 – 27 INWARD: Building relationships in the Church</b>		
<b>Day 15</b>	July 21	<p><b>Day of Worship</b></p> <p><b>Choose</b> which day this week you will fast for 8 hours</p> <p><b>Pray</b> daily for the three on your prayer list</p>
<b>Day 16</b>	July 22	<p><b>Scripture: John 13: 31-38</b></p> <p><b>Memory Verse:</b> a new command I give you: love one another. As I have loved you, so you must love one another. By this all men will know that you are my disciples. John 13:34-35</p> <p><b>Prayer:</b> Let me be obedient to this command, and remove any bitterness or hurt that has come from Christians.</p> <p><b>Action:</b> Prayer for specific members and increase your love.</p>
<b>Day 17</b>	July 23	<p><b>Scripture:</b> Ephesians 4:1-7</p> <p><b>Memory Verse:</b> Make every effort to keep the unity of the Spirit through the bond of peace. Eph 4:3</p> <p><b>Prayer:</b> Lord help me be a peacemaker with in the church family.</p> <p><b>Action:</b> Focus on the seven Ones in this Scripture.</p>
<b>Day 18</b>	July 24	<p><b>V.B.S.</b></p> <p><b>Scripture:</b> Romans 14:12-23</p> <p><b>Memory Verse:</b> For the kingdom of God is not a matter of eating and drinking, but of righteousness, peace and joy in the Holy Spirit, <sup>18</sup> because anyone who serves Christ in this way is pleasing to God and receives human approval. Roman 14:17-18</p> <p><b>Prayer:</b> Let me a strong church member who promotes peace, righteousness, and joy</p> <p><b>Action:</b> Invite one or all three of the ones you are praying for to church.</p>
<b>Day 19</b>	July 25	<p><b>Scripture:</b> Phil 2:1-10</p>

		<p><b>Memory Verse:</b> Do nothing out of selfish ambition or vain conceit, but in humility consider others better than yourselves. Phil 2:3</p> <p><b>Prayer:</b> Remove personal preference from my church life, and let me focus on promoting unity.</p> <p><b>Action:</b> Sundays coming, why haven't I invited anyone to church yet?</p>
<b>Day 20</b>	July 26	<p><b>Scripture:</b> Romans 12:1-10</p> <p><b>Memory Verse:</b> Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will. Roman 12:2.</p> <p><b>Prayer:</b> Lord, let me see that I belong to the body. Reveal my spiritual gifts and let me use them for the kingdom.</p>
<b>Day 21</b>	July 27	<p><b>Scripture:</b> I Thessalonians 1:1-10</p> <p><b>Memory Verse:</b> The Lord's message rang out from you not only in Macedonia and Achaia—your faith in God has become known everywhere. Therefore we do not need to say anything about it I Thessalonians 1:8</p> <p><b>Prayer:</b> Let me help Northtown be a church like Thessalonica</p> <p><b>Action:</b> Go over this week's devotions and bring the excitement of your growth; and a friend, to church tomorrow.</p>
<b>Week 4: Outward: Building relationships in the community – July 28 – August 3</b>		
<b>Day 22</b>	July 28	<p>This week we are focusing on bringing the Kingdom to our communities.</p> <p>Today is a day of worship</p> <p>Day of Worship</p> <p>Choose which day this week you will fast for 8 hours</p> <p>Pray daily for the three on your prayer list</p>
<b>Day 23</b>	July 29	<p><b>Scripture:</b> Matthew 25:31-40</p> <p><b>Memory Verse:</b> The King will reply, 'Truly I tell you, whatever you did for one of the least of these brothers and sisters of mine, you did for me.' Matthew 25:40.</p> <p><b>Prayer:</b> Lord, remove complacency and laziness and encourage me to get involved in Northtown's Community Outreach to the least of these.</p> <p><b>Action:</b> Let me seek those who need comfort and are hurting</p>
<b>Day 24</b>	July 30	<p><b>Scripture:</b> Galatians 6:1-10</p> <p><b>Memory Verse:</b> Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up. <sup>10</sup> Therefore, as we have opportunity, let us do good to all people, especially to those who belong to the family of believers Gal 6:9-10</p> <p><b>Prayer:</b> Give me the strength to continue to do good.</p> <p><b>Action:</b> Show up to help at D4 or Food Pantry.</p>
<b>Day 25</b>	July 31	<p><b>Scripture:</b> James 1:19-27</p> <p><b>Memory Verse:</b> Religion that God our Father accepts as pure and faultless is this: to look after orphans and widows in their distress and to keep oneself from being polluted by the world. James 1:28</p> <p><b>Prayer:</b> Let me practice pure religion both in deed and life</p> <p><b>Action:</b> Add one single action of community outreach</p>
<b>Day 26</b>	August 1	<p><b>Scripture:</b> Hebrews 13:1-16</p> <p><b>Memory Verse:</b> Through Jesus, therefore, let us continually offer to God a sacrifice of praise—the fruit of lips that openly profess his name. <sup>16</sup> And do not forget to do good and to share with others, for with such sacrifices God is pleased. Hebrews 13:15-16</p> <p><b>Prayer:</b> Lord, forgive me for not showing my praise by being lazy in doing good for others than my family.</p> <p><b>Action:</b> Seek to do one more good.</p>
<b>Day 27</b>	August 2	<p><b>Scripture:</b> Colossians 1:3-6</p>

		<p><b>Memory Verse:</b> We continually ask God to fill you with the knowledge of his will through all the wisdom and understanding that the Spirit gives, <sup>10</sup> so that you may live a life worthy of the Lord and please him in every way: bearing fruit in every good work, growing in the knowledge of God, Colossians 1:9-10</p> <p><b>Prayer:</b> Free me from the judgement and guilt of results, and pour into my heart the attitude of doing good.</p> <p><b>Action:</b> Seek out community outreach. Force yourself to move for God and others.</p>
<b>Day 28</b>	August 3	<p><b>Scripture:</b> 2 Corinthians 9:10 – 15</p> <p><b>Memory Verse:</b> This service that you perform is not only supplying the needs of the Lord’s people but is also overflowing in many expressions of thanks to God. 2 Cor. 9:12</p> <p><b>Prayer:</b> Father, use me to show others your generosity</p> <p><b>Action:</b> it’s not too late to invite one of those you have been praying for.</p>
<p><b>Week 5-6 Forward: Praying that Northtown will be an evangelizing church</b></p> <p><b>August 4 - 14</b></p>		
<b>Day 29</b>	August 4	<p>Worship Today</p> <p>Pick a day to fast for 8 hours</p> <p>Continue in prayer for your 3</p>
<b>Day 30</b>	August 5	<p><b>Scripture:</b> Luke 15: 1-10</p> <p><b>Memory Verse:</b> Then he calls his friends and neighbors together and says, ‘Rejoice with me; I have found my lost sheep.’ <sup>7</sup> I tell you that in the same way there will be more rejoicing in heaven over one sinner who repents than over ninety-nine righteous persons who do not need to repent. Luke 15:6-7</p> <p><b>Prayer:</b> Lord, provide opportunities for me to seek and save the lost. Help me see those who are lost in my life.</p> <p><b>Action:</b> who am I discipling? Who is discipling my children? grand children</p>
<b>Day 31</b>	August 6	<p><b>Scripture:</b> Luke 15: 11-32</p> <p><b>Memory Verse:</b> But we had to celebrate and be glad, because this brother of yours was dead and is alive again; he was lost and is found.” Luke 15:32</p> <p><b>Prayer:</b> Remove resentment and never let me take my salvation for granted</p> <p><b>Action:</b> Celebrate those who are being saved</p>
<b>Day 32</b>	August 7	<p><b>Scripture:</b> Matthew 28:16-20</p> <p><b>Memory Verse:</b> Therefore go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, <sup>20</sup> and teaching them to obey everything I have commanded you. And surely I am with you always, to the very end of the age.” Matthew 28:19-20</p> <p><b>Prayer:</b> Father I pray that Northtown becomes more intentional in making disciples. Use to me be part of a disciple making church.</p> <p><b>Action:</b> the easiest way to start making disciples is invite, invite, invite.</p>
<b>Day 33</b>	August 8	<p><b>Scripture:</b> John 4:1-42</p> <p><b>Memory Verse:</b> Then, leaving her water jar, the woman went back to the town and said to the people, <sup>29</sup> “Come, see a man who told me everything I ever did. Could this be the Messiah?” <sup>30</sup> They came out of the town and made their way toward him. John 1:28-30</p> <p><b>Prayer;</b> give the strength and the courage to tell my story</p> <p><b>Action:</b> prepare a short story of how you met Jesus, and have it ready to share.</p>
<b>Day 34</b>	August 9	<p><b>Scripture:</b> John 1:35-42</p> <p><b>Memory Verse:</b> The first thing Andrew did was to find his brother Simon and tell him, “We have found the Messiah” (that is, the Christ). <sup>42</sup> And he brought him to Jesus. John 1:42</p> <p><b>Prayer:</b> Let me reach out to those who are closest to me, and invite them. Let Northtown see the power of the invitation</p> <p><b>Action:</b> I have been reading and praying that Northtown become intentional in making disciples, but why haven’t I invited anyone.</p>

<b>Day 35</b>	August 10	<p><b>Scripture:</b> Colossians 4:2-6</p> <p><b>Memory Verse:</b> Let your conversation be always full of grace, seasoned with salt, so that you may know how to answer everyone.</p> <p><b>Prayer:</b> give me the wisdom and the grace to tell others about you</p> <p><b>Action:</b> Tomorrow is Sunday, who have I invited? Don't let another week go by.</p>
<b>Day 36</b>	August 11	<p>Worship Day</p> <p>Pick a day to fast for 8 hours</p> <p>Invite someone to "Worship under the Tent" next week and Brats.</p> <p>Pray for your three</p>
<b>Day 37</b>	August 12	<p><b>Scripture:</b> Eph 6:10 -20</p> <p><b>Memory Verse:</b> And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord's people. <sup>19</sup> Pray also for me, that whenever I speak, words may be given me so that I will fearlessly make known the mystery of the gospel, <sup>20</sup> for which I am an ambassador in chains. Pray that I may declare it fearlessly, as I should. Eph 6:18-20.</p> <p><b>Prayer:</b> I pray that together Northtown will proclaim the Good News clearly and fearlessly.</p> <p><b>Action:</b> Invite, Invite, Invite</p>
<b>Day 38</b>	August 13	<p><b>Scripture:</b> Matthew 9:35-38</p> <p><b>Memory Verse:</b> When he said to his disciples, "The harvest is plentiful but the workers are few. <sup>38</sup> Ask the Lord of the harvest, therefore, to send out workers into his harvest field." Matthew 9:38</p> <p><b>Prayer:</b> Father, give me the heart and courage to be an answer to Jesus' prayer.</p> <p><b>Action:</b> Simplest way to become a worker is to pray and invite your three: Lunch under the tent August 18.</p>
<b>Day 39</b>	August 14	<p><b>Scripture:</b> 2 Cor 5:11-21</p> <p><b>Memory Verse</b>" For Christ's love compels us, because we are convinced that one died for all, and therefore all died. <sup>15</sup> And he died for all, that those who live should no longer live for themselves but for him who died for them and was raised again. <sup>6</sup> So from now on we regard no one from a worldly point of view I Cor 5:14-16</p> <p><b>Prayer:</b> Father, see people as you see them. Let me love people as you have loved me. Compel me to tell people of your love.</p> <p><b>Action:</b> Share your story of love with one person and invite them to share in your family.</p>
<b>Day 40</b>	August 15	<p><b>Scripture:</b> Ephesians 6:10 -20</p> <p><b>Memory verse:</b> And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord's people. Eph 6:18</p> <p><b>Prayer:</b> Thank you Lord being with me these refreshing 40 days. Thank you for drawing me closer.</p> <p><b>Action:</b> Invite those who you have been praying for to the Lunch Under the Tent Sunday, August 18.</p>